

FOODCARE Newsletter

ISSUE 3- AUGUST 2025



FOODCARE AMBASSADORS

FOODCARE - Exploitation of Results

6 youngsters from different countries have been trained in Palma de Mallorca by Education In Progress to become “Change Agents” and to involve other youngsters.

The training was composed of 3 main parts:

PART 1 - In-depth exploration of the topics and storytelling proposal.

The girls expressed their opinions regarding the Didactic Materials that have studied and shared their opinions.

Their feedback have been recorded and posted on the Social Media - [you can have a look!](#)

PART 2 - Creation of the videos.

The FOODCARE Ambassadors decided to focus together on the topic “Traditional Food to support Cultural Heritage”, since they are from 4 different countries, and it seemed to be interesting and funny to share their cultural heritage by showing to each other traditional recipes.



**To know more about the project?
Visit our Webpage and Social Media**



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Agreement nr. 2023-1-ES02-KA210-YOU-000157939

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And finally, PART 3 - Street Action: involving new youngsters by disseminating Foodcare

The funniest action, they declared. Why?

During FOODCARE street action in Palma de Mallorca, they really enjoyed going out and connecting with people by offering fruits.

Sharing the project objectives gave them the chance to see how people reacted, to talk with them, and to learn from their perspectives. They especially appreciated the openness of those who stopped to chat, and it was inspiring to feel how a simple gesture, like “offering fruits”, could spark meaningful conversations about Food and Care.



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